



# COVID-19 SAFETY PLAN

## Monash University Volleyball Club

<b>Club</b>	Monash University Volleyball Club (MUVC)
<b>Training Location</b>	Various training locations
<b>Club Home Location</b>	Monash University Clayton Campus
<b>Club President</b>	Bethany Smarrelli
<b>Contact Email</b>	mc.beth128@gmail.com
<b>Contact Mobile Number</b>	0411 984 842
<b>Date</b>	26 November 2020
<b>Version</b>	1.2

MUVC is aware and compliant with the prevailing restrictions imposed by the Victorian Government?

**Yes** No

MUVC is aware and compliant with the prevailing restrictions imposed by the Federal Government?

**Yes** No

MUVC is aware and compliant with the guidelines advised by Volleyball Victoria Return to Play Plan?

**Yes** No

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## 1. Introduction

The purpose of this COVID-19 Safety Plan (**Plan**) is to provide an overarching plan for the implementation and management of procedures by Monash University Volleyball Club to support Monash University and its members and participants in the staged resumption of community sport and club activities.

The arrangements set out in this Plan are intended to prevent the transmission of COVID-19 among members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community. The Plan provides the framework to govern the general operation of the Monash University Volleyball Club, any facilities it controls, the playing/training behaviour of all members and participants and the monitoring and reporting of the health of attendees at facilities used by the Monash University Volleyball Club.

This Plan includes, but is not limited to, the conduct of:

- a. Outlined plans for conducting training
- b. Considerations for the resuming participation in competitions

At all times the Plan is subject to all regulations, guidelines and directions of government and public health authorities

## 2. Key Principles

The Plan is based on the operational requirements of the Volleyball Victoria Return to Play Plan and incorporates the [Victorian Government 'Six COVIDSafe Principles.'](#)

The Plan also acknowledges the AIS [Framework for Rebooting Sport in a COVID-19 Environment \(AIS Framework\)](#) and the [National Principles for the Resumption of Sport and Recreation Activities \(National Principles\)](#).

The Plan also accepts as key principles that:

- The health and safety of members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community is the number one priority;
- Club members including participants, coaches, officials and administrators/volunteers need to be briefed on Monash University Volleyball Club's return to sport plans
- Training cannot resume until the arrangements of all requirements set out in this plan have been implemented
- At every stage of the return to sport process Monash University Volleyball Club must consider and apply all applicable restrictions and regulations, including Government, Monash University and Volleyball Victoria.

## 3. Responsibilities under this Plan

Monash University Volleyball Club retains the overall responsibility for the effective management and implementation of the return to sport activities and operations outlined in this Plan.

The Committee of Monash University Volleyball Club is responsible for:

- Approving the Plan and overseeing the implementation of the arrangements in the Plan; and
- Revising the Plan as required, ensuring it reflects up to date information from government and public health officials.

The committee has appointed the following person as the Monash University Volleyball Club COVID-19 Safety Coordinator to execute the delivery of the Plan and to act as a point of contact for information relating to this Plan.

Monash University Volleyball Club COVID-19 Safety Coordinator	
Name	KC Chong
Contact Email	kcchong@optusnet.com.au

Contact Number	0412 132 668
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Monash University Volleyball Club expects all members, participants, coaches, officials, administrative staff and volunteers to:

- Comply with the health directions of government and public health authorities as issued from time to time;
- Understand and act in accordance with this Plan as amended from time to time;
- Comply with any testing and precautionary measures implemented by Monash University Volleyball Club;
- Act with honesty and integrity in regard to the state of their personal health and any potential symptoms; and
- Monitor their health and take a cautious approach to self-isolation and reporting of potential symptoms.

#### **4. Return to Sport Arrangements**

As at the date of this Plan, Monash University Volleyball Club is at the 'Training Phase' of the Plan. The outline for the 'Competition Phase' has been documented however; this will require review to assess requirements. As restrictions and requirements are constantly evolving, this will be a live document and updated as required to ensure compliance at all times.

#### **5. Monash University**

There are a number of requirements Monash University requires clubs to adhere to for them to be official clubs and gain the benefits the University provides. In addition to the standard obligations, Monash University has developed additional requirements in relation to COVID-19. Monash University will update clubs on any changes to requirements, with the club responsible for implementing or adjusting requirements in a timely manner. Appendix 1 outlines the requirements Monash University has developed in regard to COVID-19.

#### **6. Volleyball Victoria**

Volleyball Victoria has created a 'Return to Play' Plan, Monash University Volleyball Club are committed to following requirements, to ensure all club activities are sanctioned. Appendix 2 outlines the Volleyball Victoria Return to Play Plan at the time this COVID-19 Safety Plan was developed. Monash University will continue to monitor Volleyball Victoria requirements as these evolve and adjust the COVID-19 Safety Plan as required.

#### **7. Recovery**

When public health officials determine that the outbreak has ended in the local community, Monash University Volleyball Club will consult with relevant authorities to identify criteria for scaling back its COVID-19 prevention actions. Monash University Volleyball Club will also consider which protocols can remain to optimise good public and participant health.

At this time the committee of Monash University Volleyball Club will consult/review requirements of key parties such as Monash University and Volleyball Victoria.

## Appendix 1: Monash University Requirements

Additional COVID-19 requirements, which affiliated Monash University clubs must adhere to, are;

- Clubs to have a Return to Play Plan which is approved by Monash University
- Appointment of a COVID-19 Safety Officer
- Minimum of 50% of the committee, plus the appointed Safety Officer to have completed the Federal Government COVID-19 Infection Control Training
- Evidence of the COVID-19 Infection Control Training (i.e. certificates) must be supplied to Monash University
- Attendance records for all venues and sessions must be lodged with Monash University in a timely fashion (i.e. no later than 9.00am day following a session)

## Appendix 2: Volleyball Victoria Return to Play Plan

Area	Training	Competition
<p>Hygiene</p>	<p>Enhanced hygiene measures in place including the following:</p> <ul style="list-style-type: none"> <li>• Hand sanitiser pre, during and post-training</li> <li>• Do not share equipment such as drink bottles, whistles or sweat towels</li> <li>• Wipe down benches/seats pre and post-training with sanitiser</li> <li>• Do not drink nor refill individual drink bottles from public drinking fountains</li> <li>• Spitting and clearing of nasal/respiratory secretions on ovals or other sport settings is strongly discouraged</li> <li>• All team equipment, such as balls, to be sanitised by COVID-19 Safety Coordinator pre and post-training</li> <li>• If required, ensure all visitors wear a face mask and adequate face masks are provided to those who do not have their own</li> </ul>	<p>Enhanced hygiene measures in place including the following:</p> <ul style="list-style-type: none"> <li>• Hand sanitiser pre, during and post-matches</li> <li>• Coin toss to be conducted by referee with own coin. If no coin available utilise 'Paper, Scissors, Rock'</li> <li>• Do not share equipment such as drink bottles, whistles or sweat towels</li> <li>• Do not drink nor refill individual drink bottles from public drinking fountains</li> <li>• Spitting and clearing of nasal/respiratory secretions on ovals or other sport settings is strongly discouraged</li> <li>• All equipment, such as team benches, net poles, balls, scoreboard, to be sanitised by duty team pre and post-match</li> <li>• In addition to pre and post-match equipment that is readily accessible (match balls, scoreboard controls, etc.) should be sanitised during time-outs and at the end of sets</li> <li>• If required, ensure all spectators wear a face mask and provide masks for those who do not have their own</li> </ul>
<p>Physical contact activities</p>	<ul style="list-style-type: none"> <li>• Non-contact training permitted, participant numbers <b>as per Government restrictions</b> in addition to those running the training (e.g. coach, manager)</li> <li>• Social distancing must be maintained, which is a space of 1.5m between individuals and not more than one person per 4m<sup>2</sup></li> <li>• Avoid physical contact, e.g. no handshakes, high-fives, etc.</li> </ul>	<p>Full competition permitted, Volleyball Victoria recommends:</p> <ul style="list-style-type: none"> <li>• Maintaining social distancing where possible including on the bench, in substitution zone, scorers and between teams leaving and entering the court</li> <li>• Limit handshakes, high-fives, etc. and utilise alternatives such as elbow taps</li> <li>• Utilising split warm ups to reduce sharing of equipment</li> <li>• Team huddles to be spread out on court during time-outs</li> </ul>
<p>Arrival and departure of participants, officials, parents or carers</p>	<ul style="list-style-type: none"> <li>• Unless otherwise advised by facility management, <b>arrive no earlier than 15 minutes before</b> commencement of session</li> <li>• <b>Exit no later than 5 minutes after</b> conclusion of session</li> <li>• Be prepared for training prior to arrival at venue to minimise use of communal facilities</li> </ul>	<p>Unless otherwise advised by facility management Volleyball Victoria recommends the following:</p> <ul style="list-style-type: none"> <li>• Arrive no earlier than 15 minutes before your warm up (or duty requirement) commences</li> <li>• Exit no later than 5 minutes after conclusion of match (or duty requirement)</li> <li>• Utilise one entry point and a different exit point, where possible</li> <li>• Maintain social distancing of 1.5metres for any line to enter the venue</li> <li>• Limit any unnecessary social gatherings pre or post-match</li> </ul>

<b>Spectators/Gatherings</b>	<ul style="list-style-type: none"> <li>No spectators allowed unless parent/guardian from same household required to supervise</li> <li>All supervising parents/guardians are counted in the maximum number of individuals who can be in attendance at a session</li> </ul>	<ul style="list-style-type: none"> <li>Volleyball Victoria recommends that spectators, and other-non participants, should not attend matches unless they have an essential role or they are parent/guardian</li> <li>If spectators choose to attend gathering limits must be adhered to and social distancing maintained</li> </ul>
<b>Sharing equipment</b>	<ul style="list-style-type: none"> <li>All team equipment, such as balls, to be sanitised by COVID-19 Safety Coordinator pre and post-training</li> <li>No personal equipment to be shared</li> <li>Sanitising instructions can be found in Risk Mitigation protocols</li> </ul>	<ul style="list-style-type: none"> <li>Equipment to be sanitised before and after each session</li> <li>In addition, where practical, equipment to be sanitised during breaks</li> <li>Instructions for sanitising equipment can be found in the Risk Mitigation tab</li> <li>Use of gloves where possible, or hand sanitiser pre and post use is recommended for the following equipment: balls, scoresheets, signage, scoreboard controls, flip scoreboards, referee flags, rotation slips, pens, towels, first aid kits</li> <li>Competition convenor will sanitise and secure communal equipment</li> <li>Volleyball Victoria also recommends split warm-ups to avoid teams sharing training balls</li> </ul>
<b>Group/team activity</b>	<ul style="list-style-type: none"> <li>Group trainings restricted to adhere to government limits</li> <li>Social distancing to be maintained</li> <li>Limit drills requiring close proximity and limit feedback to small groups</li> </ul>	<ul style="list-style-type: none"> <li>Full competition permitted as long as they adhere to government limits</li> <li>For larger competitions, implement a time gap between matches to allow minimal overlap between groups</li> <li>Modify game requirements where possible, including minimising players required to officiate/duty</li> <li>Maintain social distancing as much as practically possible</li> </ul>
<b>Indoor Facilities</b>	<ul style="list-style-type: none"> <li>Use of toilet facilities connected to a sport location permitted</li> <li>Clubhouses, bars, eating areas, indoor sitting areas, showers and change facilities closed</li> </ul>	<ul style="list-style-type: none"> <li>All indoor facilities open subject to government restrictions and the discretion of facility management</li> <li>Volleyball Victoria recommends maintaining social distancing and minimising use of communal facilities where possible. This includes changerooms (travel in gear ready to play), showers, restrooms &amp; drinking fountains.</li> <li>Volleyball Victoria recommends that use of canteen be 'take-away' only</li> </ul>
<b>Travel</b>	<ul style="list-style-type: none"> <li>Essential travel only with those from same household</li> </ul>	<ul style="list-style-type: none"> <li>Volleyball Victoria recommends travelling only with those from same household where practical</li> </ul>
<b>Protocols</b>	<ul style="list-style-type: none"> <li>Stay home if you are experiencing COVID-19 Symptoms</li> <li>Contact Doctor or National Hotline (1800 020 080) if experiencing symptoms</li> <li>COVID-19 Safety Coordinator to ensure completion of venue attendance register where required, and if not, to maintain a specific Club register</li> </ul>	<ul style="list-style-type: none"> <li>Stay home if you are experiencing COVID-19 Symptoms and contact Doctor or National Hotline (1800 020 080)</li> <li>COVID-19 Safety Coordinator to ensure completion of venue attendance register where required, and if not, to maintain a specific Club register</li> </ul>

	<ul style="list-style-type: none"> <li>In addition, COVID-19 Safety Coordinator to enquire of any symptoms consistent with COVID-19 including:</li> <li>Fever or respiratory symptoms such as cough, sore throat and shortness of breath</li> <li>If players present with symptoms they, and anyone who as in 'contact' with them, are sent immediately home to contact Doctor and/or Hotline</li> <li>COVID-19 Safety Coordinator to report according to facility protocols</li> <li>Have a contingency plan ready in the event of a member testing positive to coronavirus (COVID-19)</li> </ul>	<ul style="list-style-type: none"> <li>In addition, relevant authority to enquire of any symptoms consistent with COVID-19 including:</li> <li>Fever or respiratory symptoms such as cough, sore throat and shortness of breath</li> <li>If players present with symptoms they, and anyone who as in 'contact' with them, are sent immediately home to contact Doctor and/or Hotline</li> <li>Have a contingency plan ready in the event of a member testing positive to coronavirus (COVID-19)</li> </ul>
<b>Communication</b>	<ul style="list-style-type: none"> <li>Affiliate must have a full register of all members and contact details</li> <li>Affiliate members must be aware of current restrictions and requirements</li> <li>Name and contact details of COVID-19 Safety Coordinator to be communicated to all members</li> <li>Requirements outlined in the COVID-19 Safety Plan must be communicated to all members</li> <li>Members are aware they aren't allowed to participate should they have any symptoms and furthermore should report any symptoms immediately to the COVID-19 Safety Coordinator</li> <li>COVID-19 Safety Coordinator to report any potential or confirmed member cases of COVID-19 to Volleyball Victoria immediately</li> </ul>	<ul style="list-style-type: none"> <li>As per information provided in Stakeholders tab</li> </ul>
<b>Personnel</b>	<ul style="list-style-type: none"> <li><b>As per Government restrictions, updated as required</b></li> </ul>	<ul style="list-style-type: none"> <li><b>As per Government restrictions, updated as required</b></li> </ul>
<b>Duration</b>	<ul style="list-style-type: none"> <li>No more than 90 minutes</li> </ul>	<ul style="list-style-type: none"> <li>Volleyball Victoria recommends timed matches where possible to limit unnecessary social interactions and allow gaps between user groups entering and exiting venues</li> </ul>
<b>Other</b>	<ul style="list-style-type: none"> <li>Provision, access, implementation, and management of canteens, cash handling, court and fixed equipment cleaning, and additional hygiene (hand sanitiser, etc.) and temperature testing protocols subject to facility management</li> </ul>	

## Appendix 3: Outline of Return to Sport Arrangements

Area	Training Plan Requirements	Competition Plan Requirements
<p><b>Approvals</b></p>	<p>The club will only participate in trainings should it meet the following requirements and approvals;</p> <ul style="list-style-type: none"> <li>• Monash University approval</li> <li>• State Government approval of the resumption of community sport</li> <li>• Public gathering restrictions to enable training to occur</li> <li>• Approval to train at venue(s)</li> <li>• Volleyball Victoria Return To Sport Plan requirements are met, meaning sessions are endorsed and insured</li> <li>• Club committee has approved return to training for club.</li> </ul>	<p>The club will only participate in competitions should it meet the following requirements and approvals;</p> <ul style="list-style-type: none"> <li>• Monash University approval</li> <li>• State Government approval of the resumption of community sport</li> <li>• Public gathering restrictions to enable competition to occur</li> <li>• Approval to train at venue(s)</li> <li>• Volleyball Victoria Return To Sport Plan requirements are met, meaning competitions are endorsed and insured</li> <li>• Club committee has approved return to training for club.</li> </ul>
<p><b>Club responsibilities</b></p>	<p>Structure implemented to handle COVID-19, see Appendix 4</p> <ul style="list-style-type: none"> <li>• Outline and communicate member responsibilities</li> <li>• Maintain attendance registers for all Club sessions</li> <li>• Appoint a COVID-19 Safety Coordinator</li> <li>• Appoint COVID-19 Officers to support players</li> <li>• Ensure restrictions and requirements are monitored and Club processes are modified to meet these</li> <li>• Ensure information and resources are available to members</li> <li>• Liaise with key bodies, in particular Monash University and Volleyball Victoria</li> </ul>	<ul style="list-style-type: none"> <li>• Outline and communicate member responsibilities</li> <li>• Maintain attendance registers for all Club sessions</li> <li>• Appoint a COVID-19 Safety Coordinator</li> <li>• Appoint COVID-19 Officers to support players</li> <li>• Ensure restrictions and requirements are monitored and Club processes are modified to meet these</li> <li>• Ensure information and resources are available to members</li> <li>• Liaise with key bodies, in particular Monash University and Volleyball Victoria</li> </ul>
<p><b>Training Processes</b></p>	<ul style="list-style-type: none"> <li>• Club to emphasise AIS Framework principle of “Get in, train, get out” – arrive ready to train</li> <li>• Club members not to attend a facility any more than 15 minutes prior to commencement time as per Volleyball Victoria recommendation</li> <li>• Training session length to be reduced where possible and not to exceed the Volleyball Victoria recommended length</li> <li>• Volleyball Victoria recommendations for training followed (i.e. limit drills requiring close proximity and limit feedback to small groups)</li> <li>• Where required, parents/guardians are to be limited to one per participant and observe social distancing requirements from all other persons and the training area</li> <li>• No participant who has entered the court in any capacity can partake in other groups on the same evening. Where all required</li> </ul>	<ul style="list-style-type: none"> <li>• Items outlined in ‘Training Plan Requirements’ will be assessed prior to moving to the Competition Plan phase. This will involve assessing requirements set out by parties listed in the ‘approvals’.</li> <li>• Good personal hygiene practices must be maintained at all times (e.g. no spitting, clearing of nasal/respiratory secretions) and sanitising during sessions as required (i.e. after sneezing or coughing)</li> <li>• No personal equipment will be shared</li> <li>• Considerations at this stage will include; <ul style="list-style-type: none"> <li>○ Reviewing training session length and time restrictions around arrival and departure</li> <li>○ Adjusting group size, overlap of groups and shared spaces</li> <li>○ Limiting unnecessary social gatherings</li> <li>○ Review sanitising requirements (personal and equipment)</li> </ul> </li> </ul>

	<p>participant tracking and hygiene practices are in place, participants can partake in multiple sessions in the same week so long as they are only participating in no more than one session per night.</p> <ul style="list-style-type: none"> <li>● Club members must only attend club sessions the member has been allocated to</li> <li>● All club members to be aware of training requirements set out by governing bodies (i.e. government, Monash University, Volleyball Victoria)</li> <li>● COVID-19 Officers are responsible for ensuring group sizes are appropriate (i.e. each person having a minimum of 4m<sup>2</sup>, maintain physical distancing (&gt; 1.5 metres) where possible and group sizes to have no more than 10 people participating/training in a group (not including essential support staff and coach so long as they aren't participating and/or encroaching on the participants 'training area' which requires participants to have 4m<sup>2</sup> each). Examples of those included in the group are people; participating, stepping into the training area, touching balls to run drills and coming within 1.5m of playing group.</li> <li>● All members are strongly encouraged use the COVIDSafe app</li> <li>● When members arrive at a session, personal hand sanitising must take place immediately. At the conclusion of the session, personal hand sanitising must take place.</li> <li>● Good personal hygiene practices must be maintained at all times (e.g. no spitting, clearing of nasal/respiratory secretions) and sanitising during sessions as required (i.e. after sneezing or coughing, saliva on shoes for grip)</li> <li>● Treatment of shared equipment (i.e. balls) will take place before, where possible during and after sessions. Where possible sharing equipment will be avoided.</li> <li>● The club will provide hand sanitiser and anti-bacterial wipes for each session</li> <li>● No personal equipment will be shared</li> <li>● Where possible travelling to and from sessions should take place as follows; <ul style="list-style-type: none"> <li>– Maintain physical distancing when using shared services such as public transport, taxis and Ubers</li> <li>– Travel in car should only be with those from the same household</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>○ Shared equipment restrictions</li> <li>○ Attendance register requirements</li> <li>○ Recommendations in regard to travel</li> <li>● Member conditions to be updated to reflect changes</li> </ul>
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<p><b>Personal health</b></p>	<ul style="list-style-type: none"> <li>● Training attendance register is completed as per Appendix 6</li> <li>● Members advised they must immediately notify a COVID-19 Officer and/or the COVID-19 Safety Coordinator (and not attend a session) if; <ul style="list-style-type: none"> <li>○ They are experiencing any symptoms of COVID-19</li> <li>○ Have a confirmed case of COVID-19</li> <li>○ Have been in contact with someone who has a confirmed case of COVID-19</li> </ul> </li> <li>● Members provided with a reference point on what the official symptoms of COVID-19 are</li> <li>● Coaches/Team Managers to customise sessions to the individual to avoid injury in returning to volleyball</li> <li>● When members arrive at a session, personal hand sanitising must take place immediately. At the conclusion of the session, personal hand sanitising must take place.</li> <li>● Good personal hygiene practices must be maintained at all times (e.g. no spitting, clearing of nasal/respiratory secretions) and sanitising during sessions as required (i.e. after sneezing or coughing)</li> <li>● Members must supply their own personal equipment (i.e. sweat towel, drink bottle), sharing of personal equipment is prohibited. All personal equipment must be clean/maintained.</li> <li>● No physical contact including high fives/hand shaking is to take place</li> </ul>	<ul style="list-style-type: none"> <li>● Items outlined in 'Training Plan Requirements' will be assessed prior to moving to the Competition Plan phase. This will involve assessing requirements set out by parties listed in the 'approvals'.</li> <li>● Good personal hygiene practices must be maintained at all times (e.g. no spitting, clearing of nasal/respiratory secretions) and sanitising during sessions as required (i.e. after sneezing or coughing)</li> <li>● Members advised they must immediately notify a COVID-19 Officer and/or the COVID-19 Safety Coordinator (and not attend a session) if; <ul style="list-style-type: none"> <li>○ They are experiencing any symptoms of COVID-19</li> <li>○ Have a confirmed case of COVID-19</li> <li>○ Have been in contact with someone who has a confirmed case of COVID-19</li> </ul> </li> <li>● No personal equipment will be shared</li> <li>● Considerations at this stage will include; <ul style="list-style-type: none"> <li>○ Limiting unnecessary social gatherings</li> <li>○ Review sanitising requirements (personal and equipment)</li> <li>○ Physical contact restrictions</li> </ul> </li> <li>● Member conditions to be updated to reflect changes</li> </ul>
<p><b>Hygiene</b></p>	<ul style="list-style-type: none"> <li>● When members arrive at a session, personal hand sanitising must take place immediately. At the conclusion of the session, personal hand sanitising must take place.</li> <li>● Good personal hygiene practices must be maintained at all times (e.g. no spitting, clearing of nasal/respiratory secretions) and sanitising during sessions as required (i.e. after sneezing or coughing)</li> <li>● Treatment of shared equipment (i.e. balls) will take place before, where possible during and after sessions. Where possible sharing equipment will be avoided.</li> <li>● The club will provide hand sanitiser and anti-bacterial wipes for each session</li> <li>● No personal equipment will be shared</li> </ul>	<ul style="list-style-type: none"> <li>● Items outlined in 'Training Plan Requirements' will be assessed prior to moving to the Competition Plan phase. This will involve assessing requirements set out by parties listed in the 'approvals'.</li> <li>● Good personal hygiene practices must be maintained at all times (e.g. no spitting, clearing of nasal/respiratory secretions) and sanitising during sessions as required (i.e. after sneezing or coughing)</li> <li>● No personal equipment will be shared</li> <li>● Considerations at this stage will include; <ul style="list-style-type: none"> <li>○ Limiting unnecessary social gatherings</li> <li>○ Shared equipment restrictions</li> <li>○ Review sanitising requirements (personal and equipment)</li> </ul> </li> <li>● Member conditions to be updated to reflect changes</li> </ul>

<p><b>Communications</b></p>	<ul style="list-style-type: none"> <li>• Member conditions are a part of membership sign up process</li> <li>• All members aware of website link for current conditions, these to be updated as requirements change</li> <li>• Member conditions as per Appendix 5</li> <li>• All members are strongly encouraged to use the COVIDSafe app</li> <li>• Contact details of Beyond Blue supplied to all members experiencing mental health issues</li> </ul>	<ul style="list-style-type: none"> <li>• Items outlined in 'Training Plan Requirements' will be assessed prior to moving to the Competition Plan phase. This will involve assessing requirements set out by parties listed in the 'approvals'.</li> <li>• Member conditions to be updated to reflect changes</li> <li>• All members are strongly encouraged to use the COVIDSafe app</li> <li>• Contact details of Beyond Blue supplied to all members experiencing mental health issues</li> </ul>
<p><b>Facilities</b></p>	<ul style="list-style-type: none"> <li>• Members accessing facilities must comply with applicable requirements, which may include but are not limited to; no access to various sections of the building, hygiene protocols and entering/exiting via alternative points</li> <li>• Members are encouraged to avoid use of shared/public amenities such as showers and water fountains</li> </ul>	<ul style="list-style-type: none"> <li>• Members accessing facilities must comply with applicable requirements, which may include but are not limited to; no access to various sections of the building, hygiene protocols and entering/exiting via alternative points</li> <li>• Members are encouraged to avoid use of shared/public amenities such as showers and water fountains</li> </ul>
<p><b>Management of unwell participants</b></p>	<ul style="list-style-type: none"> <li>• Members advised they must immediately notify a COVID-19 Officer and/or the COVID-19 Safety Coordinator (and not attend a session) if; <ul style="list-style-type: none"> <li>○ They are experiencing any symptoms of COVID-19</li> <li>○ Have a confirmed case of COVID-19</li> <li>○ Have been in contact with someone who has a confirmed case of COVID-19</li> </ul> </li> <li>• When the aforementioned is reported to the Club, the member will not be allowed to attend a session until they have been tested and cleared of COVID-19. Proof of a COVID-free test result must be supplied to the club and approval given prior to commencing.</li> <li>• Members provided with a reference point on what the official symptoms of COVID-19 are</li> <li>• Where a member has a confirmed case, attendance records for the previous 14 days will be reviewed and all members who may have been in contact with the member notified</li> <li>• The Club will notify venue(s) a person with a confirmed COVID-19 result has attended within the last 14 days</li> <li>• Members provided hotline to call if experiencing COVID-19 symptoms</li> </ul>	<ul style="list-style-type: none"> <li>• Members advised they must immediately notify a COVID-19 Officer and/or the COVID-19 Safety Coordinator (and not attend a session) if; <ul style="list-style-type: none"> <li>○ They are experiencing any symptoms of COVID-19</li> <li>○ Have a confirmed case of COVID-19</li> <li>○ Have been in contact with someone who has a confirmed case of COVID-19</li> </ul> </li> <li>• When the aforementioned is reported to the Club, the member will not be allowed to attend a session until they have been tested and cleared of COVID-19. This positive test result must be supplied to the Club.</li> <li>• Members provided with a reference point on what the official symptoms of COVID-19 are</li> <li>• Where a member has a confirmed case, attendance records for the previous 14 days will be reviewed and all members who may have been in contact with the member notified</li> <li>• The Club will notify venue(s) a person with a confirmed COVID-19 result has attended within the last 14 days</li> <li>• Members provided hotline to call if experiencing COVID-19 symptoms</li> </ul>

## Appendix 4: Monash University Volleyball Club Structure

The below outlines the structure of the club and the role each level plays.



### Monash University

Monash University governs all University Clubs through an affiliation agreement, setting out standards and minimum requirements each club needs to follow. The University provides support to all clubs who have formal agreements.

### Monash University Volleyball Club Committee

The committee provides governance for the operation of the club. In respect to COVID-19 the committee is responsible for ensuring systems are in place to manage safety of club members. This includes development of this COVID-19 Safety Plan and implementation of subsequent measures, training and member awareness to ensure compliance. The committee is responsible for ensuring this plan meets requirements of the government, peak body (Volleyball Victoria) and Monash University.

### COVID-19 Safety Coordinator

With the importance placed on member safety in respect to COVID-19, the committee has created a role of *COVID-19 Safety Coordinator*. This role was implemented to ensure someone is focused on COVID-19 throughout the pandemic. The responsibilities of this role include;

- Ensuring all players, coaches, officials, etc. are aware of the Return to Play/ Training Protocols.
- Ensuring a club's adherence to these protocols and taking immediate steps to correct any identified breaches of the protocols.
- Developing any processes or initiatives that will aid a club's adherence to the Return to Play Protocols.
- Implementing and maintaining training logs/registers
- Keeping up to date with any changes to the protocols implemented by the Volleyball Victoria and Monash University and communicating these to all within the club
- Contact point for any questions from club members (e.g. players, coaches, officials, spectators, etc.) relating to Return to Play /Training Protocols

### COVID-19 Officers

Monash University Volleyball Club is a large club which uses numerous venues for training and games. These club activities frequently occur at the same time across multiple locations, each group or session will have a COVID-19 Officer present. This Officer will be responsible for ensuring the club's COVID-19 Safety Plan is implemented and complied with at every session and will liaise with the Safety Coordinator as required.

### Members

All club members have a level of responsibility in terms of COVID-19. While members don't require the in depth knowledge of the Club's COVID-19 Safety plan, they will still have requirements in respect to

participating safely. Education of member requirements will be communicated via the Club and compliance enforced by the Safety Coordinator/Officers.

## Appendix 5: Monash University Volleyball Club Member Conditions

Monash University Volleyball Club has developed a COVID-19 Safety Plan to reduce the risk of COVID-19 to its members. As a member, I acknowledge and understand these measures are in place to reduce the risk of COVID-19 and I'm aware there is still a risk present. I acknowledge and agree, the club will not be held liable and I'm electing to participate at my own risk.

All Monash University Volleyball Club members must adhere to the following requirements set out by the club. Failure to comply with membership requirements may result in the membership being suspended.

### Member Conditions

- Restrictions and requirements will develop and change over time, members are responsible for ensuring they are up to date with club requirements. A full list of member current requirements is available at <https://www.monashvolleyball.com.au/membership>
- All members are strongly encouraged to use the COVIDSafe App (<https://www.health.gov.au/resources/apps-and-tools/covidsafe-app>)
- Attendance at club sessions is for the time period specified only, all members must “*get in, train and get out*”. This includes being dressed ready for the session prior to attending the facility/location, not attending the session any more than 15 minutes prior to the scheduled start time and leaving the session immediately after it has concluded.
- When attending a club session, the following requirements must be adhered to at all times;
  - No more than 10 people participating/training in a group (not including essential support staff and coach so long as they aren't participating and/or encroaching on the participants' 'training area' which requires participants to have 4m<sup>2</sup> each). Examples of those included in the group are people; participating, stepping into the training area, touching balls to run drills and coming within 1.5m of playing group.
  - No physical contact including high fives/hand shaking
  - Only attending club sessions the member has been allocated to
  - No socialising or group meals
  - Members must supply their own personal equipment (i.e. sweat towel, drink bottle), sharing of personal equipment is prohibited. All personal equipment must be clean/maintained.
  - Physical distancing (>1.5 metres between people) must be maintained where possible (i.e. stretching, drink breaks etc.)
  - When arriving at a session, personal hand sanitising must take place immediately. At the conclusion of the session, personal hand sanitising also must take place.
  - Good personal hygiene practices must be maintained at all times (e.g. no spitting, clearing of nasal/respiratory secretions) and sanitising during sessions as required (i.e. after sneezing or coughing)
- Details of each member will need to be recorded on the 'Attendance Register' at all sessions
- Where required, parents/guardians are to be limited to one per participant and observe social distancing requirements from all other persons and the training area.
- Club sessions are limited to meetings of club officials (social distancing rules apply) and training sessions. No socialising or gatherings are to take place.
- Where possible travelling to and from sessions should take place as follows;
  - Maintain physical distancing when using shared services such as public transport, taxis and Ubers
  - Travel in car should only be with those from the same household
- No participant who has entered the court in any capacity can partake in other groups on the same evening. Where all required participant tracking and hygiene practices are in place, participants can partake in multiple sessions in the same week so long as they are only participating in no more than one session per night.
- Members are not to attend a session if they are unwell or have any symptoms of COVID-19 (refer to <https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert#symptoms>).
- Members must immediately notify a COVID-19 Officer and/or the COVID-19 Safety Coordinator (and not attend a session) if;

- They are experiencing flu-like symptoms or any symptoms of COVID-19
- Have a confirmed case of COVID-19
- Have been in contact with someone who has a confirmed case of COVID-19 in the previous 14 days
- Travelled internationally within the previous 14 days
- Members experiencing symptoms must contact a Doctor or the National Hotline (1800 020 080)
- Where someone reports to the Club for the aforementioned, the member will not be allowed to attend a session until they have been tested and cleared of COVID-19. Proof of a COVID-free test result must be supplied to the club and approval given prior to commencing.
- Where a member has a confirmed case, those who have been in contact with the person in the previous 14 days according to attendance records will be notified.
- Members are encouraged to avoid use of shared/public amenities such as showers and water fountains when accessing facilities

Monash University Volleyball Club acknowledges this period of uncertainty, may impact the mental health of our members. Should you need support, please speak with Beyond Blue ([www.beyondblue.org.au](http://www.beyondblue.org.au) or 1300 22 4636).

